

# Emotionally Focused Therapy Core Skills Training 2018-2019 Cambridge, Ontario

ICEEFT Certified Trainer: Gail Palmer  
ICEEFT Certified Trainer: Robin Williams Blake

Core Skills Training consists of four two-day workshops. These workshops provide an in-depth study of each of the EFT steps. Each day will contain instruction and group supervision of EFT work according to the guidelines set out by the International Centre for Excellence in EFT. Each weekend provides 12 hours of training which includes didactic presentations, practical instruction, experiential exercises, and video demonstrations. When you sign up for the course you are committing your intention to complete all four weekends.

## Dates

**Module One: September 28 & 29, 2018** Steps 1-2 Assessment (**Gail**)

**Module Two: November 16 & 17, 2018** Steps 3-4 De-Escalation (**Robin**)

**Module Three: January 11 & 12, 2019** Steps 5-7 Withdrawer Re-Engagement (**Gail**)

**Module Four: April 5 & 6, 2019** Steps 5-7 Pursuer Softening (**Robin**)

Workshops begin Friday at 12:00-6:00 & Saturday 8:30-3:00 (Sat. 1/2 hour lunch)

## Where

**24 Lee Court, Cambridge, Ontario** (Feel free to park in the driveway or along the street) [Map](#)

## Qualifications

Participants are required to have completed an EFT Externship and be willing to present their own work through video or audio-tape presentation one time during the four weekends. Attendance qualifies participants for Advanced Externship designation with 48 hours of group supervision, which can be applied to ICEEFT Certification.

## Cost

It is \$400 + \$52 HST = \$452 each weekend. \$200 deposit (non-refundable) is required upon completion of the registration form to hold your spot, which will be taken off the last weekend's payment. Payment of \$452 is due one month before each training date and \$252 the last weekend. Please send the deposit to Robin W. Blake [robinblake@torontopsychotherapist.com](mailto:robinblake@torontopsychotherapist.com) via e-transfer with reference to "Core Skills Cambridge."

This Core Skills training is facilitated by certified EFT Therapist & Supervisor, Debbie Wang, MSW, PhD. For more information please contact Debbie at [Debbie@debbiewang.com](mailto:Debbie@debbiewang.com).

**Emotionally Focused Therapy  
Core Skills Training 2018-2019  
Cambridge, Ontario  
Registration Form**

**Please fill out the following information and send it to [Debbie@debbiewang.com](mailto:Debbie@debbiewang.com)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone Contact: \_\_\_\_\_

Designations & Degrees: \_\_\_\_\_

Please check the following for the Core Skills Training:

\_\_\_ I have completed the EFT Externship training (Date: \_\_\_\_\_, Place: \_\_\_\_\_)

\_\_\_ I have the educational training, qualifications, and professional credentials to practice as a mental health professional in the area where I live or I am in a formal training program of supervised internship to become a mental health professional.

\_\_\_ I agree to keep confidential the personal identifying information of case material shared in the training.

\_\_\_ I agree to not record any part of this training in any format (audio, video, or visual). Personal written notes of non-confidential material are permitted.

\_\_\_ I understand that I am required to present a 15-minute tape of my work with a couple at one of the modules in order for this training to count towards my EFT certification. I understand if I don't present a case, I will have to make it up in a supervision group with a trainer or supervisor at a later date, for the cost of the supervision group.

Would you like to present your tape on weekend one/module 1? Yes \_\_\_\_\_ No \_\_\_\_\_

\_\_\_ I understand that I am making a financial commitment to all four modules. A total cost of \$1600 plus HST for a total of \$1808.00.