

# Emotionally Focused Therapy Core Skills Training 2017-2018 Cambridge, Ontario

**ICEEFT Certified EFT Trainers: Gail Palmer & Lorrie Brubacher**

Core Skills Training consists of four two-day workshops. These workshops provide an in-depth study of each of the EFT steps. Each day will contain instruction and group supervision of EFT work according to the guidelines set out by the International Centre for Excellence in EFT. Each weekend provides 12 hours of training which includes didactic presentations, practical instruction, experiential exercises, and video demonstrations. When you sign up for the course you are committing your intention to complete all four weekends.

## Dates

**Module One: September 15 & 16, 2017** Steps 1-2 Assessment (**Lorrie**)

**Module Two: November 3 & 4, 2017** Steps 3-4 De-Escalation (**Lorrie**)

**Module Three: January 26 & 27, 2018** Steps 5-7 Withdrawer Re-Engagement (**Gail**)

**Module Four: March 23 & 24, 2018** Steps 5-7 Pursuer Softening (**Gail**)

Workshops begin Friday at 12:00-6:00 & Saturday 8:30-3:00 (Sat. 1/2 hour lunch)

## Where

Cambridge, Ontario (location with map will be made available upon registration)

## Qualifications

Participants are required to have completed an EFT Externship and be willing to present their own work through video or audio-tape presentation one time during the four weekends. Attendance qualifies participants for Advanced Externship designation with 48 hours of group supervision, which can be applied to ICEEFT Certification.

## Cost

It is \$1700 for the 4-weekend program. A deposit of \$425 (for Module 1) is required upon completion of the registration form (see next page) to reserve space for the whole course. Payment is due one month before each training date.

For more information or questions please contact Debbie Wang at [Debbie@debbiewang.com](mailto:Debbie@debbiewang.com). **A deposit of \$425 (for Weekend 1) is required to reserve your space for the entire training course. Please send it to Lorrie Brubacher via PayPal or e-transfer at [lorrie@lbrubacher.com](mailto:lorrie@lbrubacher.com) with reference to "Core Skills Cambridge".**

**Emotionally Focused Therapy  
Core Skills Training 2017-2018  
Cambridge, Ontario  
Registration Form**

**Please fill out the following information and send it to [Debbie@debbiewang.com](mailto:Debbie@debbiewang.com)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone Contact: \_\_\_\_\_

Designations & Degrees: \_\_\_\_\_

Please check the following for the Core Skills Training:

\_\_\_ I have completed the EFT Externship training (Date: \_\_\_\_\_, Place: \_\_\_\_\_)

\_\_\_ I have the educational training, qualifications, and professional credentials to practice as a mental health professional in the area where I live or I am in a formal training program of supervised internship to become a mental health professional.

\_\_\_ I agree to keep confidential the personal identifying information of case material shared in the training.

\_\_\_ I agree to not record any part of this training in any format (audio, video, or visual). Personal written notes of non-confidential material are permitted.

\_\_\_ I have/will have an active caseload of couples from which to present a recording and to practice skills between modules (caseload does not need to be large).

Would you like to present your tape on weekend one/module 1? Yes\_\_\_\_\_ No\_\_\_\_\_