



4 Day Externship in Emotionally Focused Couples Therapy

Trainers : Sue Johnson and Gail Palmer

Co-ordinators: Robin Hellendoorn and Robin Williams Blake

Schedule for Training Program

Registration at 8:30am May 29, 2019.

Wednesday - Sue Johnson

Morning - Introduction to EFT: Nature of couple distress, attachment theory
EFT Overview

Afternoon - Empathy - the therapist's stance, EFT Skills training - video demonstrations

Thursday - Gail Palmer

Morning - EFT Assessment, EFT Skills - video demonstrations

Afternoon - Live Couple Demonstration and Processing - Gail Palmer

Friday - Sue Johnson

Morning - EFT Interventions, Working with emotion, EFT Skills - video demonstrations

Afternoon - Live Couple Demonstration and Processing - Sue Johnson

Saturday - Gail Palmer

Morning - Consolidation and new solutions

Afternoon - EFT and working with trauma and attachment injuries
Becoming an EFT therapist – Skills training and video demonstration

Recommended Reading:

The Practice of Emotionally Focused Couple Therapy: Creating Connection (Johnson, 2004) and ***Becoming an Emotionally Focused Couple Therapist: The Workbook*** (Johnson et al., 2005).

Both books can be obtained from Cavershams Booksellers, Toronto, Amazon or from ICEFFT. Training DVDs can be purchased from Cavershams in Toronto or from ICEFFT.

www.iceeft.com

Cavershams Booksellers will be on site Tues & Thurs.

Coffee/tea, water and some snacks will be available throughout the training.

Registration includes all materials. You are also invited to a networking and book signing event celebrating *Love Sense* with Dr. Sue Johnson, Tuesday June 6 from 5:00 to 6:30 PM. Light appetizers and non-alcoholic beverages.