



4 Day Externship in Emotionally Focused Couples Therapy

Trainers : Sue Johnson and Gail Palmer

Co-ordinators: Robin Hellendoorn and Robin Williams Blake

Day & Time: May 30th, 31st, June 1st, 2nd, 2018,
9 am to 5:00 pm

Registration : 8:30 am Wednesday May 30th.

Location: YMCA - 20 Grosvenor Street, Toronto M4Y 2V5

Name: _____

Address: _____ City: _____ Prov/State: _____ PC/Zip: _____

Phone: Cell _____ Work Phone: _____ Fax Number: _____ E-Mail: _____

Professional Designation:* _____

How did you hear about this training? _____

Please initial the box below:

___ I have the training and educational qualifications to legally practice as a professional mental health practitioner or I am in formal training to be a professional mental health practitioner.

TO REGISTER & PAY: A \$200 deposit is required to hold your spot. Full payment by April 1, 2018

By Cheque (in Canadian funds) and mail completed registration form to:
R & R Associates, 28 Regal Rd. Toronto, Ontario M6H 2J7.

By Credit Card please use the following link to pay online using Paypal. Then scan & email the completed registration form to: eftga@yahoo.com

Full Registration	\$990 & 128.70 HST = \$1118.70
Early Registration	\$930 & 120.90 HST = \$1050.90 (Before April 1st)
Student Reg.	\$825 & 107.25 HST = \$932.25 (Must be currently enrolled full time)

Registrations will be confirmed by e-mail. Your spot will be confirmed when we have received full payment for the training and your completed registration form.

Cancellation Policy: An admin fee of \$200 is deducted from the tuition refund if canceled after May 1.

Coffee/tea, water and some snacks will be available throughout the training.

Registration includes all materials. You are also invited to a networking and book signing event celebrating *Love Sense* with Dr. Sue Johnson, Thursday May 31st from 5:00 to 6:30 PM. Light appetizers and non-alcoholic beverages.

Schedule for Training Program

Registration at 8:30 am May 30, 2018.

Wed - Sue Johnson

Morning

Introduction to EFT: Nature of couple distress, attachment theory
EFT stages and steps - Overview

Afternoon

Empathy - the therapist's stance
Skills training - video demonstrations

Thursday - Gail Palmer/Sue Johnson

Morning - Gail Palmer

EFT Assessment
EFT Steps 1 & 2
EFT Steps 3 and 4 and Cycle de-escalation

Afternoon - Sue Johnson

Live Couple Demonstration and Processing

Friday - Sue Johnson/Gail Palmer

Morning - Sue Johnson

EFT Interventions - Working with emotion and interaction
w/ experiential exercises
EFT Steps 5-7 - Change events
Skills training - video demonstrations

Afternoon - Gail Palmer

Live Couple Demonstration and Processing

Saturday - Gail Palmer

Morning

Steps 8-9 – Consolidation and new solutions

Afternoon

EFT and working with trauma and attachment injuries
Becoming an EFT therapist – Skills training and video demonstration

Lunches will be 75 minutes.

Recommended Reading:

The Practice of Emotionally Focused Couple Therapy: Creating Connection (Johnson, 2004) and ***Becoming an Emotionally Focused Couple Therapist: The Workbook*** (Johnson et al., 2005).

Both books can be obtained from Cavershams Booksellers, Toronto, Amazon or from ICEFFT. Training DVDs can be purchased from Cavershams in Toronto or from ICEFFT.

www.iceeft.com